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THEATER

DANCE

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# Summer 2024: Adventurous summer dance, outdoors and in

Rachel Howard | May 24, 2024 Updated: May 24, 2024, 11:16 am



Alayo Dance Company is scheduled to perform at CubaCaribe Festival of Dance and Music. Photo: Lex Mex Photography

Summer in the Bay Area brings ample opportunity to enjoy dance al fresco, whether taking in RawDance at Yerba Buena Gardens, or San Francisco Ballet at Stanford's Frost

Amphitheater. It's also a time for exploring emergent artists and taking in a wide range of dance styles at one of several adventurous festivals.

Here are 10 dance offerings that promise to enliven your mind and heart over the coming warmer months.

## CubaCaribe Festival of Dance and Music

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Los Lupeños de San Jose is scheduled to perform at CubaCaribe Festival of Dance and Music.

Photo: Lex Mex Photography

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This 18th annual festival co-founded by Alayo Dance Company artistic director Ramón Ramos Alayo is taking inspiration from the theme “Acts of Resistance, Acts of Joy.” Week one’s performance lineup features seven Bay Area dance companies rooted in Caribbean traditions, including Yamulee Project San Francisco, Rueda Con Ritmo, and Los Lupeños de San Jose. For week two, Alayo Dance Company and Abada-Capoeira Performance Company share a program exploring how Carnival is celebrated in their home countries of Cuba and Brazil. Alayo’s dancers, gathered from across the U.S., were all trained in Cuba.

*1 p.m. July 13 and July 20. Free. Yerba Buena Gardens, Mission St. between 3rd and 4th streets, S.F. 415-543-1718. <https://ybgfestival.org>*

## Aviva and Molly Rose-Williams

Molly Rose-Williams is one of the funnier young choreographers on the Bay Area scene, sending up self-help culture and her own bleeding heart foibles in her recent solo work “Crush.” Now Rose-Williams is joining forces with twin sibling Aviva for a residency at the San Francisco Circus Center. The cumulative work-in-progress showing of “Game Time” promises to draw on the twins’ childhood familiarity with Chinese acrobatics and highlight Rose-Williams’ signature absurdity.

*7:30 p.m. June 14-15. \$10-\$30. San Francisco Circus Center, 755 Frederick St., S.F. <https://mollyrosewilliams.ticketspice.com>*

## Fresh Meat Festival

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Dancers Amit Patel and Akhil Joondeph are part of the program for the 2024 Fresh Meat Festival.

Photo: Rob Kunkle/Goodlux Photography

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